Who we are
Arthritis SA is a not-for-profit organisation established in 1975 to provide ways of supporting people with arthritis in the areas of medical assistance, education and research to find a cure or better treatment of the disease.

Arthritis SA is governed by a Board of Directors and is supported by rheumatologists, staff and volunteers.

Our Vision
To improve the quality of life of people with arthritis and related conditions.

Our Mission
To be recognised as the leading provider in SA that empowers people with arthritis and related conditions, to achieve the best possible quality of life through advocacy, education, self-management and the support of research.

Colette Smith
President

Dr Tiffany Gill
Vice President

Dr Simon Burnet
Medical Director

Ian Terry
Director, Treasurer

Fabrizio Porcaro
Director until 15 May 2015, Secretary until 28 October 2014

Kaye Young
Director

Alison Adair
Director, Secretary from 28 October 2014

Martin Basedow
Director

Tracey Powell
Director

Judy Black
CEO

The Honourable Hieu Van Le AO, Governor of South Australia - Patron

Arthritis Foundation of South Australia Inc.,
incorporating Osteoporosis SA
118 Richmond Road, Marleston SA 5033
Telephone: (08) 8379 5711
Country Free Call: 1800 011 041
Fax: (08) 8379 5707 email: info@arthritissa.org.au
Website: www.arthritissa.org.au ABN: 53 784 654 861
Our story

The impact of arthritis on the South Australian health system must not be underestimated as a staggering 1 in 4 South Australians suffers from arthritic conditions.

Arthritis is a leading cause of disability in Australia and it does not discriminate. The young to the very old can have arthritis, an umbrella term for more than 120 musculoskeletal conditions. Their impact on individuals can be crippling.

Arthritis SA has been supporting South Australians who suffer from arthritis for 40 years. Staff members, volunteers, life members and key stakeholders proudly celebrated our 40th birthday in April. This annual report reflects on the many successes we have had this financial year and the determination of staff members, volunteers, and Arthritis SA’s Board members to support South Australians with arthritis.

In March, we held an important parliamentary breakfast, where we informed politicians that arthritis is the second most common cause of disability in South Australia and the leading cause of disability in retirement. On a national level, the ageing nature of the population and increasing levels of obesity are expected to result in the number of people suffering from arthritis reaching seven million by 2050. Events like the parliamentary breakfast enable us to increase awareness among key decision makers about the role of Arthritis SA, the impact of arthritis on the lives of those they represent, and the potential impact of arthritis on the health system.

Arthritis SA is determined to advocate on behalf of all people with arthritis and it supports them at many different levels. For example, the Board committed to spending more money than ever before - $230,000 - on national and local research projects. It also decided to fund a pediatric rheumatology nurse at the Women’s and Children’s Hospital in the new financial year. The creation of this position is aimed at supporting children afflicted by arthritis and their families. It will meet a real need for more formal support services for children with arthritis and better access to services in South Australia, the need for this has been identified by research.

Education and raising awareness, strategies to support early diagnosis, better treatments, and research to find a cure are critical parts of the management of arthritis. Our Health Services department has delivered more face-to-face sessions than ever before to help individuals with that management. They have also offered many programs that are now fully evaluated and evidence based.

I am extremely proud of Arthritis SA’s achievements this year, not only financially, but in the delivery of services. The Foundation has continued to support and advocate on behalf of all people with arthritis and has strived to work with government, partners, health professionals and other stakeholders to alleviate the burden of this debilitating condition.

Arthritis SA’s success is due to the incredible people who work with us and the support of rheumatologists, general practitioners, allied health professionals, support groups, members, donors, staff members and a large pool of volunteers. To each and every person, I thank you for your contribution to the success of an organisation that I know we are all very proud of.

Colette Smith - President Arthritis SA

LIFE MEMBERSHIP RECIPIENTS AWARDED THIS YEAR

Marjorie Hammond
Margaret Hames
Fabrizio Porcaro
Loretta Bald

On The Move
At Arthritis SA, we are committed to improving the quality of life of South Australians by providing programs tailored to meet the needs of those who suffer from one or more of the 120 different types of arthritis. We work tirelessly to continue raising awareness of arthritis through health promotion and innovative primary prevention strategies.

It is pleasing to report on another very successful year for Arthritis SA, both in terms of activities, and also in strengthening our financial position. In particular, there has been a huge growth in contacts made during this period. This included advice being provided through our telephone support service, community talks, courses and classes. In addition, our website and social media programs have grown considerably.

This year Arthritis SA introduced some new programs and expanded existing ones. Notably, we strengthened online training opportunities. Also, a new document - The Impact of Arthritis on South Australia - was released. Because 250,000 South Australians suffer from arthritis, Arthritis SA is determined to continue its important work of improving the quality of life of those who suffer from arthritis, through research, education and advocacy.

Arthritis SA has a dedicated and a gifted workforce that experiences low staff turnover; something we are very proud of. All departments have gone from strength to strength. A record number of Kidsflix programs have been delivered, consumer program numbers have increased and the largest commitment ever has been made to funding arthritis research programs.

Arthritis SA is indebted to our partners, Arthritis Australia and Telethon in particular, as well as the organisations that partner with us to deliver Kidsflix interstate and in South Australia. These valuable partnerships have allowed us to expand and grow in a positive and controlled manner.

I am extremely appreciative of our dedicated and committed volunteers, staff members, Board and members who so willingly commit their time and efforts to support Arthritis SA. To our supporters and donors who have chosen to contribute to Arthritis SA, we are grateful.

Arthritis SA is now poised to deliver even more exciting new programs, backed by a stable income stream, to sustain our vital work and pave the way forward for an exciting time.

Julie Black - Chief Executive Officer Arthritis SA
Members of the community and health professionals have had more benefit than ever from the enormous growth of Health Services activities. There have been 79,263 ‘contacts’, through face to face meetings and courses, telephone calls, emails and social media communications this year. The reach of Arthritis SA has soared with the use of Facebook, Twitter, E-news and our website.

A total of 4,837 people attended courses, conferences, seminars and Arthritis Awareness talks. Take Charge of Pain courses have been particularly successful with 27 courses delivered. Many courses were assisted by grants. These included courses delivered in Port Adelaide/Enfield, Burnside, Onkaparinga, Mitcham and Unley council areas. In addition, three courses were held in Port Lincoln with support from University of Adelaide.

Thirteen Take Charge of Life courses were conducted including a new Eat Well/Move Well course, delivered in the Adelaide City Council area with support from grants funding.

Arthritis SA is striving to become the provider of choice for education about arthritis. Consequently, 31 Health Professional educational sessions were delivered in 2014-15 along with two Health Professional conferences that attracted more than 200 delegates. Formal evaluations of these produced feedback that revealed the vast majority found these to be excellent. The presentations were filmed for the first time and made available to general practitioners (GPs) and health professionals throughout South Australia via Arthritis SA’s website.

Arthritis Awareness community talks are an important part of Arthritis SA’s role and 85 talks were delivered this year. Among them were 10 consumer seminars featuring talks by leading rheumatologists and allied health professionals. These talks continue to be held with the aim of increasing public awareness. Arthritis SA is indebted to the speakers who gave up their valuable time to share their expertise.

A Tai Chi workshop was delivered by world renowned expert, Dr Paul Lam, giving participants a chance to learn this ancient and respected art form. Arthritis SA also re-energised its Easy Moves exercise classes and attendee numbers have been increasing steadily.

The Health Services team had a strong presence at the Aged & Community Services Australia National Conference and at both the State and National Australian Rheumatology Association conferences, engaging with delegates, stakeholders and sponsors.

In March, as a part of Arthritis Week, an educational dinner seminar for GPs and pharmacists entitled The Diagnosis and Management of Children with Arthritis was held. This was presented by Dr Christina Boros, FRACP, Paediatric rheumatologist.

Health Services held the first Take Charge of Pain Course Facilitator workshop to support and foster the delivery of the course throughout South Australia.

A new Fitness Function and Pain course has been developed for delivery to Diploma of Fitness students. This will help them gain insight into working with people who suffer with musculoskeletal conditions and chronic pain, influence clients in making healthy behavior changes, use self-management principles to promote health and wellbeing; and improve quality of life. This will build valuable relationships with fitness leaders for the delivery of the national Joint Movement program to start in early 2016.

Arthritis SA aims to provide equitable access to individuals irrespective of language and literacy. With this in mind, in conjunction with Google Translate on the Arthritis SA website, multi-language resources and fact sheets, Health Services has used interpreters to help deliver Arthritis Awareness talks to non-English speaking communities. This ensures that health promotion advice is available to many people from different nationalities.

Support groups are very important to Arthritis SA and over 40 meetings were held this year. One is for families affected by juvenile idiopathic arthritis (JIA). There are over 700 children in South Australia who suffer with JIA.

The success of Health Services’ activities has been dependant on many individual and organisational partnerships. In 2014-2015, partnerships with University of Adelaide, Medicare Locals and general practitioners were especially productive.

**Highlights**
- 4,837 people attended courses
- 85 talks delivered
- First State Arthritis SA Conference
Arthritis SA is committed to finding a cure for arthritis and a major focus has been placed on the commitment to funding research. As part of this strategy, the total amount awarded to research this financial year was $228,000 - the highest amount ever provided by Arthritis SA. The Foundation provided $100,000 to the national research plan and a further $128,000 to local programs.

Our national research
The following projects were funded
Mr Raul Chavez Valencia
Project: Investigating the epigenetic profiles of children with Juvenile Idiopathic Arthritis disease
Department of Paediatrics, University of Melbourne, Victoria
SA LSS Support Group Grant
Dr Lucy Croyle
Project: Azathioprine use in SLE
Centre for Inflammatory Disease, Monash University, Victoria
Dr Anak Dharmapatni
Project: Autophagy in Rheumatoid Arthritis
Discipline of Anatomy and Pathology, School of Medical Sciences, The University of Adelaide, South Australia
Dr Michael Wiese
Project: Identification of factors that influence Efficacy and Toxicity with Leflunomide in the Treatment of Rheumatoid Arthritis
School of Pharmacy and Medical Sciences, University of South Australia, South Australia
Dr Helen Benham
Project: Chlamydia induced uveitis in the SKG mouse model of spondyloarthropathy
Autoimmunity Division, Diamantina Institute, University of Queensland, Queensland
Dr Manuela Ferreira
Project: Trends of spinal stenosis surgery in Australia
Musculoskeletal Division, the George Institute for Global Health, New South Wales

Our local research
Dr Elizabeth Hoon is employed at University of Adelaide and has worked closely with Arthritis SA’s Health Services team to ensure all programs are effectively evaluated. In particular, excellent results have been obtained through the Take Charge of Pain course and the workplace program.

In conjunction with the Australian Rheumatology Association (South Australian Branch), a $20,000 scholarship was awarded to Dr Rachel Black, a young rheumatologist, to support her studies entitled The epidemiology of oral glucocorticoid use and its influence on the development of cataracts and glaucoma in patients with rheumatoid arthritis.

Highlights
• $100,000 in national funding
• $100,000 to University of Adelaide
• $20,000 awarded to the Australian Rheumatology Association/Arthritis SA Young Rheumatologist
• Approval to fund a paediatric rheumatology nurse
• Total: $228,000 awarded to research

The support of members, donors, volunteers and the community, combined with new and re-invigorated fundraising activities, produced a productive year for Marketing & Communication (MC).

Fundraising was vigorous with the inaugural Walk for Arthritis, sponsored by Westpac, held along Adelaide’s foreshore on the morning of March 29. The involvement of many youngsters with juvenile idiopathic arthritis (JIA) and their families showcased the cruel fact that Kids Get Arthritis Too. The awareness created on the day and in the media beforehand was beyond expectations. Similarly, income was more than double the target. We look forward to building on this event next year.

Another highlight was Arthritis SA’s Joint Effort Trek 2014 to northern India. The 10 intrepid walkers who took part in this testing adventure raised nearly $50,000.

Arthritis SA was fortunate to participate in the Channel 9 Telethon Home & Land Lottery which continued to draw strong support. We especially acknowledge the exceptional work of Telethon.

The Great Escape Lottery, created by Arthritis SA and involving three other charities, continued to be very popular. Appeals were again the workhorse of MC’s fundraising. We are extremely grateful to all donors who have generously supported our vital work by giving to these appeals.
than 150 languages. A link function was also added to the site, enabling Arthritis SA to play its own films, tap into YouTube or other electronic movie files.

Like Arthritis SA's website, our magazine for members On The Move was given a facelift, as was the Foundation’s Facebook page and posting schedule. Arthritis SA also put energy into building up its E-news and in creating new brochures and books to meet the needs of people with arthritis.

Arthritis SA thanks everyone who has volunteered to help boost awareness about arthritis and support our fundraising activities, from our badge day collectors to our administration volunteers. We especially acknowledge sponsors including Westpac, Des’s Minibus, Gaganis Bros and Nippy’s.

This year we wish to especially thank the youngsters with JIA and their family members for their generosity of spirit in joining us to increase awareness about arthritis and younger sufferers.

### Highlights

- **Joint Effort Trek** raised $50,000
- **Walk for Arthritis** exceeds expectations
- **Website translated into 150 languages**
- **Telethon lottery a great success**

K**idsflix** is an important fundraising initiative for Arthritis SA. It provides an opportunity for children with arthritis, chronic illnesses, disabilities and those from disadvantaged backgrounds to attend a special event with their families.

A total of 3,700 children and their parents or carers attended **Kidsflix** events in South Australia alone. There were an additional 5,233 attendees at our partner events held interstate and managed by Arthritis SA. These partners included Arthritis & Osteoporosis WA, Arthritis Queensland, Arthritis & Osteoporosis NSW, Arthritis & Osteoporosis Tasmania and the Continence Foundation of Australia. Centralisation of **Kidsflix** management in SA, an initiative undertaken last year, has ensured that every event has been consistently branded and operated. Each has relied heavily on volunteer help, which was appreciated greatly.

Arthritis SA has liaised and worked with more than 1,000 organisations throughout Australia in distributing **Kidsflix** tickets to needy children. Special thanks to the following organisations for ongoing **Kidsflix** event day support; Gambier City Lions Club, Port Augusta Apex Club, Port Augusta MFS, Mount Gambier MFS, Renmark High School, Tenison Woods College, Melbourne Costume Group, Australia-wide Rebel Legion and 501st Legion and Mount Gambier Bunnings Community Activities Group.

Fundraising for **Kidsflix** is done by Arthritis SA’s Contact Centre. Its activities have expanded to undertake fundraising for 28 events held in six states. The total number of calls made by the team increased by 13 per cent, from 1,452,401 to 1,641,640 this financial year. Meanwhile, income increased by 10 per cent and it continues to grow.

It is essential to attract new supporters and over the last financial year, new donor numbers grew by 18.5 per cent on the previous financial year.

A focus on improving key performance indicators has resulted in targets being achieved consistently by the majority of staff. This has demonstrated the effectiveness of coaching from the leadership team and a willingness by staff members to strive for continuous improvement.

The Contact Centre also dialled successfully for two lottery campaigns and the Paediatric Rheumatology Nurse program.

The partnership with Rotary Club of Adelaide West continued. This involved dialling for the Rotary Youth Driver Awareness program, commonly known as RYDA. This demonstrates the commitment and flexibility of the Contact Centre staff members. Arthritis SA is extremely proud of the achievements of the Contact Centre team.

### Highlights

- **28 Kidsflix events held**
- **10% increase in growth**
- **Contact Centre dialling for lotteries**
Exciting new opportunities have arisen throughout the year despite the challenges of a slow economy. These have enabled us to create awareness of the services that Arthritis SA is able to provide within the corporate sector.

The Live Well, Work Well, Feel Well workplace program initiative, developed and successfully piloted across diverse businesses, was launched under the new name Take Action On Pain. More than 90 South Australian businesses are now aware, through Arthritis SA, that there are evidence based pain management strategies to support staff members who are suffering, in most cases silently, as a result of pain associated with the number one chronic disease in Australia - arthritis.

The Arthritis Aware Pharmacies program continues to provide participating pharmacies with a point of difference in service delivery. Customers who attend an Arthritis Aware pharmacy are able to get personal support and mentoring from health professionals who have an understanding of pain management strategies.

Highlights

- Workplace program awareness increases
- Arthritis Aware Pharmacies program continues
- National Pharmacies supports Arthritis SA

Arthritis SA acknowledges the large number of individuals and companies who choose to be a member of Arthritis SA.

Membership advantages include:

- Free registration at the Take Charge of Pain course
- Discount on arthritis exercise classes
- Special discounts for online purchases
- On the Move magazine three times a year
- E-news 10 times a year
- Free entry into the monthly consumer session - 10 in total

In memorial gifts are a generous way of remembering loved ones and supporting the ongoing work of Arthritis SA. We very much appreciate the families who chose to support Arthritis SA this financial year.
Arthritis SA has posted a strong result prior to the application of research and bequest monies. This is extremely positive given the increase in the number of people we have supported with Arthritis this last financial year.

A net profit of $131,806 for the year ending June 30, 2015 was achieved after receiving welcome bequest receipts of $428,238. We are very grateful to those people who have remembered us in their will by making a bequest. In line with our strategic plan, Arthritis SA provided a record $228,900 for research and the board has approved a further increase on this amount in the coming financial year.

The positive result for the Foundation can be attributed to the strict control of expenses by management and solid strategies to continue to raise money to support research and education activities. Having sufficient income enabled expenditure of $569,525 in the area of health service. As this is a major purpose of the organisation, we were pleased to deliver even more services to people with arthritis this financial year.

We are indebted to the many volunteers who provide a wide range of services, which otherwise would be a charge to the organisation. Throughout the year, the Finance and Audit committee monitored our investments and with the assistance of our advisors, we were able to achieve a positive 7.3% for the portfolio. At June 30, investments totalled $3,548,145 and comprised a balanced portfolio of equities, fixed deposits and cash.

The balance sheet shows a strong financial position with net assets of $7,065,632. With the positive performance of our investments, there is a $273,723 investment fluctuation reserve in the balance sheet. Having a strong economic position and a competent management team, the Foundation is well placed to increase its services and research commitment in the year ahead.

Trust monies & benefactors
Arthritis SA acknowledges and thanks the following:

- Estate of Eirene Howard Bridgman
- Estate of William Harold Blake
- Estate of Anne Veronica Bland
- Estate of Rex Albert Doepke
- Estate of Brian Francis Ewart
- Carol Kohler Estate
- Fay Fuller Foundation
- Estate of Leonora Lucy Martin
- Gwendolyn Una Thomas Estate
- Estate of Bert & Ella Miers Trust
- Raymond Oliver & Stella Trust
- AET Discretionary Charitable Trusts
- Annie Eileen McMahon Estate
- Estate of Kathleen M Wijesinha

### Statement of profit or loss and other comprehensive income for the year ended 30 June 2015

<table>
<thead>
<tr>
<th>2015</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
</tr>
<tr>
<td>Revenue from ordinary activities</td>
<td>2,066,096</td>
</tr>
<tr>
<td>Less:</td>
<td></td>
</tr>
<tr>
<td><strong>COST OF SERVICES</strong></td>
<td></td>
</tr>
<tr>
<td>Employee expenses</td>
<td>1,983,218</td>
</tr>
<tr>
<td>Depreciation and amortisation expenses</td>
<td>63,667</td>
</tr>
<tr>
<td>Research</td>
<td>228,900</td>
</tr>
<tr>
<td>Other expenses from ordinary activities</td>
<td>598,005</td>
</tr>
<tr>
<td><strong>TOTAL COST OF SERVICES</strong></td>
<td>2,873,790</td>
</tr>
<tr>
<td>Funded by</td>
<td></td>
</tr>
<tr>
<td>Government grant</td>
<td>29,770</td>
</tr>
<tr>
<td>Other grants</td>
<td>60,372</td>
</tr>
<tr>
<td>Donations</td>
<td>190,359</td>
</tr>
<tr>
<td>Investing activities</td>
<td>230,761</td>
</tr>
<tr>
<td>Bequests</td>
<td>428,238</td>
</tr>
<tr>
<td><strong>PROFIT FOR THE YEAR</strong></td>
<td>131,806</td>
</tr>
<tr>
<td>Other comprehensive income</td>
<td></td>
</tr>
<tr>
<td>Item that may be reclassified subsequently to profit or loss:</td>
<td></td>
</tr>
<tr>
<td>Net fair value gain on available-for-sale financial assets during the year</td>
<td>5,221</td>
</tr>
<tr>
<td><strong>TOTAL COMPREHENSIVE INCOME FOR THE YEAR</strong></td>
<td>137,027</td>
</tr>
</tbody>
</table>
## Statement of cash flows
for the year ended 30 June 2015

### CASH FROM OPERATING ACTIVITIES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash receipts from operating activities</td>
<td>2,636,665</td>
</tr>
<tr>
<td>Interest and dividends received</td>
<td>194,263</td>
</tr>
<tr>
<td>Payments to suppliers and employees</td>
<td>(2,745,924)</td>
</tr>
<tr>
<td><strong>Total cash flows from operating activities</strong></td>
<td><strong>85,004</strong></td>
</tr>
</tbody>
</table>

### CASH FLOWS FROM INVESTING ACTIVITIES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purchase of property, plant and equipment</td>
<td>(79,199)</td>
</tr>
<tr>
<td>Payment for investments</td>
<td>(68,416)</td>
</tr>
<tr>
<td>Proceeds from sales of fixed assets</td>
<td>17,000</td>
</tr>
<tr>
<td><strong>Net cash used by investing activities</strong></td>
<td><strong>(130,615)</strong></td>
</tr>
</tbody>
</table>

### NET CASH HELD

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beginning of financial year</strong></td>
<td>152,307</td>
</tr>
<tr>
<td><strong>Total cash inflow</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Total cash outflow</strong></td>
<td></td>
</tr>
<tr>
<td><strong>End of financial year</strong></td>
<td>106,696</td>
</tr>
</tbody>
</table>

### Statement of financial position
for the year ended 30 June 2015

#### CURRENT ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>106,696</td>
</tr>
<tr>
<td>Trade and other receivables</td>
<td>299,341</td>
</tr>
<tr>
<td>Inventories</td>
<td>5,043</td>
</tr>
<tr>
<td>Other assets</td>
<td>23,347</td>
</tr>
<tr>
<td><strong>Total current assets</strong></td>
<td><strong>434,427</strong></td>
</tr>
</tbody>
</table>

#### NON CURRENT ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trade and other receivables</td>
<td>35,103</td>
</tr>
<tr>
<td>Other financial assets</td>
<td>3,548,145</td>
</tr>
<tr>
<td>Plant and equipment</td>
<td>173,142</td>
</tr>
<tr>
<td>Investment property</td>
<td>3,240,000</td>
</tr>
<tr>
<td>Intangible assets</td>
<td>815</td>
</tr>
<tr>
<td><strong>Total non current assets</strong></td>
<td><strong>6,997,225</strong></td>
</tr>
</tbody>
</table>

**Total assets**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cash and cash equivalents</strong></td>
<td>106,696</td>
</tr>
<tr>
<td><strong>Total current assets</strong></td>
<td><strong>434,427</strong></td>
</tr>
<tr>
<td><strong>Total non current assets</strong></td>
<td><strong>6,997,225</strong></td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>7,431,652</strong></td>
</tr>
</tbody>
</table>

#### CURRENT LIABILITIES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trade and other payables</td>
<td>172,412</td>
</tr>
<tr>
<td>Provisions</td>
<td>152,848</td>
</tr>
<tr>
<td><strong>Total current liabilities</strong></td>
<td><strong>325,260</strong></td>
</tr>
</tbody>
</table>

#### NON CURRENT LIABILITIES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provisions</td>
<td>40,760</td>
</tr>
<tr>
<td><strong>Total non current liabilities</strong></td>
<td><strong>40,760</strong></td>
</tr>
</tbody>
</table>

**Total liabilities**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>366,020</strong></td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td><strong>7,065,632</strong></td>
</tr>
</tbody>
</table>

#### EQUITY

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retained earnings</td>
<td>6,700,646</td>
</tr>
<tr>
<td>Reserves</td>
<td>364,986</td>
</tr>
<tr>
<td><strong>Total equity</strong></td>
<td><strong>7,065,632</strong></td>
</tr>
</tbody>
</table>
Many of Arthritis SA’s activities rely very heavily on volunteers, to whom we are most grateful. The Foundation especially acknowledges and thanks the following support group members.

- Copper Triangle
- Marion Branch
- Fibromyalgia SA
- Southern Arthritis Friendship Group
- JIA Families Lupus/Scleroderma/Sjogren’s
- Western Osteoporosis Support Group

The board and staff of Arthritis SA wish to thank all our generous members, donors, volunteers and sponsors who have contributed to the success of Arthritis SA this financial year.
1975
Established in response to a perceived community need for the development of adequate services for people with arthritis.
Located at Room 102/55 King William Street.
Four hundred people attended the first meeting.
Known as South Australian Arthritis & Rheumatism Association Inc.
David Henderson first President and Jean Drummond first volunteer.
First newsletter – handwritten – produced.

1977
First patron appointed - Sir Doulas Nicholls.
Membership 428.

1978
First branch formed at Port Pirie.

1979
Arthritis SA became part of the first national affiliation and membership climbed to 670.
Office operated five days a week for the first time.

1980s
Growth in support groups to 13 branches and education sessions to the public began.

1980
First self-help course held and present logo introduced.

1981
Childhood Arthritis Group established.

1982
$7,926 grant for research awarded.
Membership 1,000.

1983
First colour member magazine produced.

1985
First Grandmother of the Year event raised $93,000.
Arthritis SA became a member of Channel 9 Telethon.
Telethon House lottery tickets $1. Home valued at $110,000.
First direct mail appeal held.
Telephone advice calls began.

1989
First strategic plan written.

1990
The Move It or Lose It campaign rolled out.

1995
Healthy Bones Week established.
JIA camp for 19 children with arthritis held.

1997
Premises moved to Glen Osmond Road, Fullarton.

1998
Kidsflix established.
Contact Centre established.
First door knock appeal held.

2003
Arthritis Walk through Government House established.

2009
Move to Arthritis House at Marleston.

2010
Moving Towards Wellness courses run widely.
Kidsflix expands to four states.

2012
Trek to China raises $31,000.

2013
Appointment of Research Fellow in conjunction with The University of Adelaide.

2014
Trek to India raises $50,000.
More than $200,000 dedicated to research.
Take Charge of Pain courses implemented.

2015
Parliamentary breakfast attended by 90 guests.
Walk for Arthritis from Brighton Jetty to Glenelg Jetty.
Celebrating 40 years morning tea at Pavilion on the Park.