Mission Statement

To provide the best quality of life for people with arthritis and other musculo-skeletal conditions.

Vision Statement

To be recognised by the community of South Australia as the leading organisation for the improvement and dissemination of information on arthritis, and the support and advocacy of people with arthritis and other musculo-skeletal conditions.

Aims

- to provide funds for research programs in order to find a cure and better treatments.
- to give practical advice and support to people with arthritis and other musculo-skeletal conditions and their carers.
- to organise education programs for people affected by arthritis and other musculo-skeletal conditions, their families and carers, health professionals and awareness in the wider community.

The Arthritis Foundation of South Australia Inc.

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Web: www.arthritissa.org.au
ABN: 53 784 654 861

Scleroderma
Sjögren’s Syndrome
Osteoporosis
Lupus
Gout
Ankylosing Spondylitis
Fibromyalgia
Juvenile Idiopathic Arthritis
Osteoarthritis
Rheumatoid Arthritis
Paget’s Disease of the Bone
Psoriatic Arthritis
Polymyalgia Rheumatica
Myositis
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CHAIRMAN

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MEDICAL DIRECTOR

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CHAIR EDUCATION ADVISORY COMMITTEE

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It has been another busy year as the Arthritis Foundation worked to support and advocate for the one in four South Australians with arthritis or associated conditions.

While arthritis affects people of all ages, it is predominant later in life and we can expect the burden of the condition to increase in our ageing society. Consequently, the challenges of education, community awareness and fund-raising for research will grow.

With a move to bigger and more accessible premises at Marleston, and being in a sound financial position, the Foundation is well-placed to expand its programs which aim to bring quality of life for people with chronic conditions.

Gillian Leach

In the latter part of the financial year, we farewelled our long-serving Chief Executive Officer, Gillian Leach, who accepted a senior executive position in Melbourne in a move that will allow her to be closer to her family.

Gillian was Chief Executive Officer for the Foundation over a period of significant growth as it moved from premises at Ashford to Fullarton and more recently to the Arthritis SA Centre at Marleston. During Gillian’s time at the helm, our Education Services went through a major expansion while the Contact Centre and Kidsflix program performed strongly. Today they generate around 80 per cent of the Foundation’s income to finance our education and awareness programs and investment in research.

Gillian’s final major commitment to the Foundation was her management of the transfer of operations to Marleston in May. Having sold our Fullarton premises in November, the move required an extensive process of Council approvals and renovations before we were able to move into the new building in its prominent location on the corner of South and Richmond Roads.

New Chief Executive Officer

The Arthritis Foundation welcomes our new Chief Executive Officer, Julie Black, who joins us with considerable expertise at senior management level in the health and not-for-profit sectors.

After nurse training, Julie worked with and on boards over many years developing, implementing and managing successful fund-raising projects, along with health and education programs. With her passion for community well-being, and experience in education and health awareness, the Foundation is delighted that Julie has become our new CEO.

Education

During the year, the Foundation mounted a major education and community awareness campaign among people of cultural and linguistically diverse backgrounds.

This campaign was part of the National Arthritis Multicultural Initiative and the Better Access to Health (BATH) Project to help people gain a greater understanding of the prevalence and impact of musculo-skeletal conditions, the management of chronic pain and quality use of medicines.

The Foundation’s particular focus has been on members of the Greek, Italian, Chinese and Vietnamese population in the western suburbs, the Adelaide Plains and the Riverland.
With the move to bigger and more accessible premises at Marleston, and being in a sound financial position, the Foundation is well-placed to expand its programs which aim to bring quality of life for people with chronic conditions.”
In association with the National Prescribing Service and COTA Senior Voice, the Foundation has also promoted quality use of medicines presentations in metropolitan and country SA with information particularly directed at people who experience chronic pain.

Meanwhile, the Foundation’s outstanding Moving Towards Wellness self-management program continues to deliver widespread benefits across the community.

**Finances**

The Foundation’s growth and operations are underpinned by our fund-raising, and I can report a very pleasing financial result for the year.

The generosity of people making bequests to the Foundation, totalling $945,000 in 2008-09, contributed greatly to our position with our total revenue increasing by 5.5 per cent. This has allowed us to increase our commitment to education by 17.6 per cent.

Like all fund-raising organisations, the Foundation was not immune to the global financial situation. However, the Finance and Audit Committee has carefully managed our investments to minimise capital loss. At the end of the financial year, our investments were valued at $960,000. This represented a loss of 6.11 per cent for the year compared to the Morningstar MultiSector Balanced Index of -10.32 per cent. We are satisfied that our funds have been well managed over the year under review.

The Fullarton property was sold for $1.25 million, and the much larger Marleston building was purchased for $2.6 million with $400,000 spent on renovations. The State Government provided $151,000 to help us with the move to our excellent new facility, which is currently valued at $3 million.

The Arthritis Foundation is debt free with a solid investment portfolio. However, we must continue working hard to raise funds to support the many South Australians who rely on our education and awareness programs.

**Board Members**

At last year’s Annual General Meeting, Fabrizio Porcaro, Cathie Powell and Peter Thompson retired by rotation and each was re-elected by unanimous vote. We have a dedicated and skilled team of nine Board Members who contribute to the overall strategy of the Foundation and its governance.

Most Board Members also sit on operational committees providing guidance for staff in the professional and accountable delivery of our services.

**Staff and Volunteers**

The success of the Foundation is built largely on the expertise and commitment of our staff and volunteers. With the move to Marleston, we have provided an outstanding working environment for staff, and a welcoming facility for volunteers.

On behalf of all Board Members, I sincerely thank our staff and volunteers and we look forward to working together as we meet the challenges ahead.

David Motteram
Chairman
The Governor of South Australia at the official opening of the Arthritis SA Centre

“We must continue working hard to raise funds to support the many South Australians who rely on our education and awareness programs. We look forward to working together to meet the challenges ahead.”
Public awareness of arthritis in all its guises continues to grow with one in four South Australians diagnosed by doctors to have painful and debilitating musculo-skeletal conditions.

The need for arthritis research and Government recognition of the health and economic impact of the condition has never been greater.

The burden of arthritis will grow in our ageing society. It has no respect for age, sex, country of origin, or profession. It is particularly disturbing that many children continue to be diagnosed with rheumatoid conditions that require complex and intensive treatments.

Arthritis is an umbrella term for more than 100 medical conditions that affect joints. The most prevalent types are osteoarthritis, rheumatoid arthritis and gout.

Most people are no longer prepared to suffer in silence as many of their parents and grandparents did in the past.

Through its education and promotional activities, including Arthritis Awareness Month, the Foundation has helped increasing numbers of people to understand that there are things they can do to support medical intervention in the management of arthritis.

Other conditions, such as diabetes, high blood pressure and depression, are often associated with arthritis, and they need to be treated as part of the overall management of the patient.

Research

The Foundation’s fund-raising efforts through its Contact Centre and successful bequests program help to drive research into arthritis and associated conditions.

Each year, the Arthritis Foundation of South Australia directs funding to a national pool so that the best research projects throughout Australia are supported.

South Australia again figured prominently among recipients of 2009 Arthritis Australia national research program grants.

Following are details of the local research projects.

Dr Vidya Limaye of the Department of Rheumatology at the Royal Adelaide Hospital was supported for work on developing a South Australian database for patients with myositis.

Dr Pravin Hissaria of the Division of Human Immunology at the Institute of Medical and Veterinary Science (IMVS) and SA Pathology received Scleroderma Australia funding to investigate novel markers and molecular targets in pathological fibrosis in scleroderma skin lesions.

Dr Christina Boros of the Discipline of Paediatrics at the University of Adelaide received an Australian Rheumatology Association award to study the safety and immune response of the Genital Human Papilloma Virus vaccine in children with rheumatic disease.

Dr Jennifer Walker of the Department of Rheumatology at the Repatriation General Hospital, Daw Park received an Australian Rheumatology Association award to investigate rheumatoid arthritis.
The Arthritis Foundation of South Australia also contributed funds towards the following research projects:

- Curtin University of Technology study on bone mineral density in the lumbar spine to potentially improve osteoporosis assessment;
- Murdoch Children’s Research Institute investigation of how collagen contributes to the progressive degradation of cartilage; and
- University of Newcastle study on the mechanisms underlying pain in rheumatoid arthritis.

The Arthritis Foundation of South Australia Juvenile Idiopathic Arthritis Grant was awarded to Dr Justine Ellis of Murdoch Children’s Research Institute and the Royal Children’s Hospital to recruit patients to build a juvenile idiopathic arthritis case control bio-bank.

The Arthritis Foundation of South Australia Lupus, Scleroderma and Sjögrens Support Group Grant was awarded to Dr Helen Englert of Westmead Hospital to assess measuring tools to estimate the success of one scleroderma treatment over another.

Prominent new headquarters

The Arthritis Foundation’s new building at Marleston is in a very prominent and accessible location. It is being increasingly used by people to participate in the proven Moving Towards Wellness self-management program, Tai Chi for Arthritis and exercise classes. People are also making good use of the library facilities.

The shift to Marleston will serve us well into the future as we work to support the many South Australians with arthritis and give them real hope for quality of life despite the condition.

Dr Simon Burnet
Medical Director
The Arthritis Foundation’s education and health program organises and delivers services and support for people living with arthritis and other musculo-skeletal conditions. It achieves this through education and community awareness initiatives that include:

- printed resources;
- meetings and seminars with health professionals and the public;
- the Telephone Advisory Service;
- the Tai Chi for Arthritis program and exercise classes;
- the Moving Towards Wellness self-management program;
- media and public relations campaigns, including Arthritis Awareness Month;
- current and emerging information featured on the Arthritis Foundation website; and
- assistance for Branches and Support Groups.

The objective is to inform and empower people through the provision of information and support to help them have improved management of their conditions and enhance their quality of life.

Seminars are organised in metropolitan and country areas to provide people with up-to-date information. Guest speakers have included health professionals such as rheumatologists, physiotherapists, podiatrists, occupational therapists and dieticians.

The Arthritis Foundation’s Telephone Advisory Service is staffed by trained volunteers who live with chronic conditions and understand the problems experienced by callers. All advisors have participated in the Foundation’s Moving Towards Wellness courses, with many progressing to become leaders of the self-management program.

The Arthritis Foundation is looking to expand the Moving Towards Wellness program in metropolitan and regional areas as we extend our support for the one in four South Australians who have arthritis. The Adelaide North East Division of General Practice kindly provides room for four Moving Towards Wellness courses each year along with Tai Chi for Arthritis classes.

The Moving Towards Wellness program helps people to understand that pain and fatigue, along with feelings of stress, depression and anger are all part of living with a chronic condition and that self-management skills can help them cope.
ABOVE: The Telephone Advisory Service provides vital support for people with arthritis

LEFT: The Contact Centre makes an average of 23,000 connected calls each week
Our education team is wonderfully supported by valued volunteers, some of whom also devote their time for community speaking engagements to talk about the effects and management of arthritis. The move to new premises at Marleston has provided new space and impetus for the Foundation’s exercise classes and Tai Chi for Arthritis program developed by Sydney-based general practitioner, Dr Paul Lam.

The Foundation is the official training organisation for Tai Chi for Arthritis.

We sincerely thank Rosemary Palmer, a Master Trainer of Tai Chi for Arthritis, for her supervision of this increasingly important program.

Arthritis Awareness Month in April was a great success with the Education team clocking up countless kilometres as they presented community meetings, education sessions, seminars and promotional events around the State.

A small army of volunteers, including members of Branch and Support groups, along with family members and friends, took to the streets on April 3 for the Arthritis Badge Day.

Among the major events for Arthritis month in Adelaide was a free seminar at the University of Adelaide that particularly targeted young people affected by arthritis and their families.

Arthritis affects people of all ages. Each year, one child in every 1,000 in Australia is diagnosed with juvenile arthritis. The Foundation’s Youth Services Coordinator, Carol Spargo, visited schools around South Australia to talk with students and teachers about Juvenile Arthritis and how it affects children. She also advocates for children with arthritis and informs teachers of ways to meet their needs.

During Healthy Bones Week, Carol spoke at kindergartens and schools and provided classroom material to encourage schools to participate in this event.

Carol attended juvenile arthritis clinics at the Women’s and Children’s Hospital, and she provided information to individuals and community groups.
The annual Christmas party for children with arthritis and their families was sponsored by BankSA and was a highlight of the year.

During the past year, the Arthritis Foundation mounted a major education and community awareness campaign among people of cultural and linguistically diverse backgrounds.

The campaign comprised two distinct projects. The National Arthritis Multicultural Initiative (NAMI) Project, funded by Arthritis Australia, was designed to help people from the Greek community gain a greater understanding of the prevalence and impact of musculo-skeletal conditions.

With funding from the National Prescribing Service, the Better Access to Health (BATH) Project provided education about the management of chronic pain and the quality use of medicines with a focus on the Greek, Italian, Chinese and Vietnamese population in the Adelaide Plains and the Riverland.

Organised by Multicultural Project Officer, Joan Lynch, highlights of the campaign included:

- an arthritis seminar for people of Greek background at the Colussus Hall, Torrensville. Rheumatologist, Dr Marek Litwin, and physiotherapist, Ruth Campbell, addressed the seminar with support from a Greek interpreter. It was supported by the Australian Government, and the Department for Health and Ageing through the Better Arthritis and Osteoporosis Care initiative;
- training for bi-lingual workers of Greek background;
- a Multicultural Expo at Arndale Shopping Centre presenting resources from Arthritis Australia, Osteoporosis Australia and the National Prescribing Service. Greek, Italian and Vietnamese interpreters were on hand to interpret so that key information was fully understood; and
- a series of presentations to multicultural groups.

A community meeting held at Balaklava during Arthritis Awareness Month in April also supported the BATH project in targeting residents of the Adelaide Plains.

Dr Tiffany Gill  
Chair Education Advisory Committee

Our Statewide education and support group program has been very successful...
Osteoporosis SA

Osteoporosis SA’s new headquarters in the Arthritis SA Centre at Marleston has attracted new members to Bones on the Move exercise classes, and an Easy Moves program has also started at Highgate. Nursing and final year physiotherapy students have visited the osteoporosis exercise classes.

A double-sided information sheet entitled Have You Broken a Bone? has been produced. With valuable input from medical and allied health professionals, the information sheet is given to patients presenting with fractures. The Osteoporosis SA telephone number is provided as the reference point for people wishing to make further inquiries.

An information morning was held at Marleston to highlight concerns about osteoporosis and preventing falls. Orthopaedic nurse, Cheryl Kimber, addressed the meeting and members of the Western Osteoporosis Support Group provided consumer perspectives.

Lifting the lid on lunch was the theme of Osteoporosis SA: National Healthy Bones Week 2008 with a focus on the benefits of consuming calcium rich dairy foods. National Healthy Bones Week posters were circulated to health and community centres and general practitioners’ rooms.

Posters encouraging children to enjoy calcium rich milk and cheese were distributed to schools, with a particular focus on the northern suburbs.

Improving children’s intake of calcium-rich foods helps to support healthy bone development and maximise peak bone mass. This is important to help reduce the risk of osteoporosis and fractures later in life.

Major Healthy Bones Week promotions were also presented at the Hampstead Rehabilitation Centre and the Royal Adelaide Hospital.

At the Royal Adelaide Hospital, Osteoporosis SA lifted the lid on lunch with a prominent exhibition of healthy Australian, Mediterranean, Asian, children’s and vegetarian foods. The exhibition in the main foyer attracted a large audience, including patients and family members, medical, nursing and other staff.

At the end of August, Osteoporosis SA Coordinator, Joan Lynch, attended an Osteoporosis Australia Clinical Update and the Australian and New Zealand Bone Mineral Society Conference in Melbourne.

On World Osteoporosis Day in October a community information session was presented at Davoren Park with assistance from the local community health centre and community nurse. At Hampstead Rehabilitation Centre, thirty registered and enrolled nurses were also updated about osteoporosis.

As part of the Better Access to Health (BATH) Project, an osteoporosis information display was set up at Arndale Shopping Centre attracting many people. The BATH project provides education about the management of chronic pain and quality use of medicines with a particular focus on the Greek, Italian, Chinese and Vietnamese population in Adelaide.
Volunteers

The Arthritis Foundation would not be able to deliver its education, support and community awareness services without the skilled and loyal support of our volunteers.

Volunteers assist in many tasks such as mailing and administrative support, education, fundraising, Branches and Support Group committees.

In the past year, we have continued to train our education volunteers to help present Moving Towards Wellness courses, community talks and in the Telephone Advisory Service.

In 2008-09, the volunteer effort in support of the Arthritis Foundation amounted to over 10,000 hours.

In the past year, the Foundation has also introduced Volunteer Star of the Month Awards to celebrate the achievements and special contributions of volunteers.

Recipients in 2008-09 were:
July Colin and Elisabeth Gatehouse
August Tom and Yvonne Clayton
September Betty Steer
October Maxine Burnell
November Isabel Jardine
December Marjorie Hammond
January Peter MacFarlane
February Jenny Broad
March Christine Pailthorpe
April Ana Teleki
May Michael Faulkner
June Jan McInerney

Branches and Support Groups

The Arthritis Foundation is supported by Branches and Support Groups that assist greatly in helping people to find quality of life with arthritis and associated conditions.

Valued members of Branches and Support Groups provide enormous volunteer input to assist the Foundation in its education, public awareness and fund-raising objectives.

Members of Support Groups also come together to share information about their personal experiences of various conditions and to gain strength from each other.

Each Branch and Support Group is always looking to expand its membership to grow its effectiveness in the community.

Following is a list of Branches and Support Groups.

- Ankylosing Spondylitis Support Group
- Fibromyalgia SA
- Juvenile Arthritis
- Lupus/Scleroderma/Sjögrens Support Group
- Murray Bridge Sjögrens Support Group
- Myositis Support group
- Osteoporosis Support Group
- Pagets of the Bone Support Group
- Barossa Arthritis and Fibromyalgia Support Group
- Clare Friends of Arthritis Support Group
- Copper Triangle Branch
- Marion Branch
- Mount Gambier Arthritis and Wellness Support Group
- Wellness Support Group Northern
- Wellness Support Group Western
- Southern Arthritis Friendship and Support Group
- Southern Fleurieu Support Group

For more information, contact Education Support Officer, David Jones, on 8379 5711.
The Arthritis Foundation's Contact Centre is the engine room of our fund-raising and marketing efforts for education, research and the Kidsflix program. Through thousands of contacts each year, the centre creates awareness and understanding of the prevalence and impact of arthritis along with financial support to help the Foundation deliver its essential services in the community.

In 2007-08, the Kidsflix program celebrated its 10th anniversary, and in the past year it has powered ahead in providing so much enjoyment to children with disabilities and special needs, and their families.

Through calls from the Contact Centre, and the outstanding public interaction generated by the Foundation’s education services and Kidsflix program, people are encouraged to seek further information about arthritis and associated conditions.

Arthritis Awareness Month is also an important initiative to engage communities in metropolitan and country areas. A major focus is to direct people to the new Arthritis Foundation website - www.arthritissa.org.au

The website is regularly refreshed with current and emerging news and information. This has resulted in a significant increase in “hits” to the website.

There has also been very positive feedback about our new monthly e-newsletter to members and supporters.

One of our priorities is to help people understand the need for research to identify new medications and management protocols for arthritis and other musculo-skeletal conditions.

The success of this effort is also illustrated by the willingness of generous South Australians to make donations and bequests to the Foundation.

Last year, I reported that the Foundation planned to renew its efforts to present special events bringing business people and other potential supporters together to help our community awareness and fund-raising efforts.

The very difficult economic climate of the past 12 months has made this objective very difficult to achieve. As a result, the Foundation is now looking to work with other charitable organisations to present shared events for mutual benefits.

We already have some very strong partnerships headlined by our relationship with the Channel 9 Telethon. The Arthritis Foundation is one of the recipient organisations associated with the Channel 9 Telethon, which is widely supported by South Australians.

The move to our new building has been successfully completed and it has given us a far greater public profile being positioned on the corner of South Road and Richmond Road at Marleston.

The building provides ease of parking and accessibility by public transport, and its value will continue to grow.

The increased size of the building compared with our Glen Osmond Road accommodation has enabled us to expand the number of education and exercise classes. In the past, we have been obliged to hire other areas.
Growth of membership is another priority for the Foundation, and in the past year we have updated our database to ensure currency and accuracy.

Our quarterly publication *On The Move* continues to provide excellent communication with members and supporters. It regularly features news on research, medical advances, education and support services, along with profiles of members and volunteers.

Without the dedication of our volunteers, it would be very difficult for the Foundation to deliver its services to the community.

In conclusion, I thank members of the Marketing Committee for their excellent support during the year. I also acknowledge the long and dedicated commitment to the Marketing Committee by Gillian Leach, who recently resigned as the Chief Executive Officer of the Foundation to move interstate.

Denis Wall
Chair Marketing Committee

*Kidsflix makes a difference in the lives of thousands of children each year*
The Arthritis Foundation achieved a net profit of $584,057 for the year ended 30 June 2009. This amount was achieved after receiving bequests of $947,921, and making research donations of $108,055. Before bequests, revenue increased by $153,000. With the downturn in donations during the Victorian Bushfire Appeal, the revenue reflects favourable on the efforts of our Contact centre staff. We thank them for their efforts.

Operating expenses increased by $129,000. However, when deducting expenses brought forward from last financial year, and the necessary increase in leave provision due to staff reaching long service leave entitlements, running expenses increased by only 2 per cent. We congratulate management on their strict control of expenditure.

As shown in Note 4 to the accounts, impairment losses on investment, relocation and refurbishment expenses, offset by a profit on sale of the old property and an ex-gratia payment from State Government, resulted in an extraordinary charge of $51,000 against our profit.

We sincerely thank those kind people who remembered the Foundation in their wills. The favourable financial result for the year made it possible to increase our research grants by $56,000.

Our Balance Sheet shows the strong financial situation of the Foundation with net assets at $4,050,000 - an increase of $687,000 on 30 June 2008. The decrease in our share portfolio is more than covered by the value of our new property and cash on deposit.

The Finance and Audit Committee has continually reviewed the Foundation’s policies and procedures, programs and financial reporting to ensure its assets are properly managed, risks are identified and financial outcomes are reported and planned in a regular and timely manner.

Once again, we acknowledge and thank the contribution by our volunteers who assist to an enormous extent to reduce the cost of services rendered to our clients.

Peter Thompson
Chair Finance and Audit Committee
## INCOME STATEMENT

FOR THE YEAR ENDED 30 JUNE 2009

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<tr>
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<th>2009</th>
<th>2008</th>
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<tbody>
<tr>
<td><strong>REVENUE</strong></td>
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<td>Revenue from ordinary activities</td>
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<td>Depreciation and amortisation expenses</td>
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<td>Research</td>
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<td>Significant Revenues and Expenses</td>
<td>51,359</td>
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<td>Other expenses from ordinary activities</td>
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<td><strong>TOTAL COST OF SERVICES</strong></td>
<td>3,084,249</td>
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<td><strong>NET COST OF PROVISION OF SERVICES</strong></td>
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<td>(639,005)</td>
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<td>Government grant</td>
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<td>Other grants</td>
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<td>Donations</td>
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<td>Investing activities</td>
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<td>Bequests</td>
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<td><strong>NET PROFIT FOR THE YEAR</strong></td>
<td>584,057</td>
<td>1,012,456</td>
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# ARTHRITIS FOUNDATION OF SOUTH AUSTRALIA INCORPORATED

## BALANCE SHEET

FOR THE YEAR ENDED 30 JUNE 2009

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<tr>
<th></th>
<th>2009</th>
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<tr>
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<tr>
<td><strong>CURRENT ASSETS</strong></td>
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<tr>
<td>Cash assets</td>
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<td>Receivables</td>
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<td>Inventories</td>
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<td>Other</td>
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<td>74,441</td>
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<td><strong>TOTAL CURRENT ASSETS</strong></td>
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<tr>
<td><strong>NON CURRENT ASSETS</strong></td>
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<tr>
<td>Other financial assets</td>
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<td>2,274,066</td>
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<tr>
<td>Plant and equipment</td>
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<td>Investment Property</td>
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<td><strong>TOTAL NON CURRENT ASSETS</strong></td>
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<td>Provisions</td>
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<td>Finance lease</td>
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<td><strong>TOTAL CURRENT LIABILITIES</strong></td>
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<td><strong>NON CURRENT LIABILITIES</strong></td>
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<td>Provisions</td>
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<td>Finance lease</td>
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<td><strong>TOTAL NON CURRENT LIABILITIES</strong></td>
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<tr>
<td><strong>EQUITY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Retained earnings</td>
<td>4,048,730</td>
<td>3,039,867</td>
</tr>
<tr>
<td>Reserves</td>
<td>-</td>
<td>321,654</td>
</tr>
<tr>
<td><strong>TOTAL EQUITY</strong></td>
<td><strong>4,048,730</strong></td>
<td><strong>3,361,521</strong></td>
</tr>
</tbody>
</table>
## ARTHRITIS FOUNDATION OF SOUTH AUSTRALIA INCORPORATED

### CASH FLOW STATEMENT

**FOR THE YEAR ENDED 30 JUNE 2009**

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$</td>
<td>$</td>
</tr>
<tr>
<td><strong>CASH FROM OPERATING ACTIVITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash receipts from operating activities</td>
<td>3,691,760</td>
<td>3,815,306</td>
</tr>
<tr>
<td>Interest and dividends received</td>
<td>149,625</td>
<td>133,969</td>
</tr>
<tr>
<td>Payments to suppliers and employees</td>
<td>(2,777,037)</td>
<td>(2,833,656)</td>
</tr>
<tr>
<td><strong>CASH FLOWS FROM OPERATING ACTIVITIES</strong></td>
<td>1,064,348</td>
<td>1,115,619</td>
</tr>
<tr>
<td><strong>CASH FLOW FROM INVESTING ACTIVITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purchase of property, plant and equipment</td>
<td>(3,284,658)</td>
<td>(73,603)</td>
</tr>
<tr>
<td>Payment for investments</td>
<td>1,158,380</td>
<td>(1,204,120)</td>
</tr>
<tr>
<td>Proceeds from sales of fixed assets</td>
<td>1,264,734</td>
<td>-</td>
</tr>
<tr>
<td><strong>NET CASH USED BY INVESTING ACTIVITIES</strong></td>
<td>(861,544)</td>
<td>(1,277,723)</td>
</tr>
<tr>
<td><strong>CASH FLOW FROM FINANCING ACTIVITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Principal repayment under finance lease</td>
<td>(6,178)</td>
<td>448</td>
</tr>
<tr>
<td><strong>NET CASH USED BY FINANCING ACTIVITIES</strong></td>
<td>(6,178)</td>
<td>448</td>
</tr>
<tr>
<td><strong>NET INCREASE IN CASH HELD</strong></td>
<td>196,626</td>
<td>(161,856)</td>
</tr>
<tr>
<td><strong>CASH AT THE BEGINNING OF THE FINANCIAL YEAR</strong></td>
<td>24,855</td>
<td>186,511</td>
</tr>
<tr>
<td><strong>CASH AT THE END OF THE FINANCIAL YEAR</strong></td>
<td>221,481</td>
<td>24,855</td>
</tr>
</tbody>
</table>
patron, board and personnel

**Patron**
His Excellency, Rear Admiral Kevin Scarce, AC CSC RANR, Governor of South Australia (pictured left)

**Vice Patron**
The Rt Hon The Lord Mayor of Adelaide,  
Mr Michael Harbison

**Chairman**
Mr David Motteram

**Vice Chairman**
Mr Peter Thompson

**Secretary**
Mr Fabrizio Porcaro

**Medical Advisor**
Dr Simon Burnet

**Board Members**
Ms Tiffany Gill  
Ms Cathie Powell  
Ms Rebecca Quinn  
Mr Denis Wall  
Mr Ian Ramsay

**Education Executive Committee**
Dr Tiffany Gill – Chair  
Mrs Gillian Leach  
Dr Simon Burnet  
Ms Jenny Bennett

**Marketing Committee**
Mr Denis Wall – Chair  
Mrs Gillian Leach  
Mr Ian Ramsay  
Mr David Motteram  
Mrs Margaret Nowlan  
Mrs Judi Wakeling  
Mrs Isabel Jardine

**Finance and Audit Committee**
Mr Peter Thompson – Chair  
Mr David Motteram  
Mrs Gillian Leach  
Ms Olivia Chak

**Major Sponsors**
Macquarie Bank Foundation  
Adelaide Crows Foundation  
Bank SA Staff and Charitable Fund  
Channel 9 Telethon  
Coast FM
volunteering: a gift to others

“We were immediately impressed by Kidsflix because families who otherwise have little opportunity to attend such an event were having a great time. Everybody was so happy. Sometimes we volunteer together as a family at Kidsflix events, and other times individually. We love to be involved and see children with disabilities and families with disadvantages in their lives come together for fun.”

Pauline Rudevics

“I was chuffed and humbled to be named the Volunteer of the Month. But I am also thrilled that one of the country members was recognised in this way. It is a pat on the back for everybody involved in the Copper Triangle Branch. We are small in numbers, but we work together and try our best to help people with arthritis.”

Jan McInerney

“I decided to join a self-management course run by the Arthritis Foundation. It was fantastic, and there is no doubt that it changed my outlook. I discovered how I may take control of my life and focus on a happier future. I don’t know where I’d be today without my involvement with the Arthritis Foundation. I’ve made so many friends and it has given my life a special focus.”

Christine Pailthorpe

“There is great comradeship and sense of purpose among the volunteers. Becoming a volunteer for the Arthritis Foundation has been a very worthwhile and fulfilling move and, without hesitation, I encourage others with some time and skills to consider joining us.”

Michael Faulkner

“Volunteering with the Arthritis Foundation appeals to me because of the diversity of roles it offers outside full-time work, and I believe I have some skills to offer. Osteoporosis does give me some pain, but it does not limit my enthusiasm in supporting the Foundation whenever I can.”

Ana Teleki

“I was diagnosed with juvenile rheumatoid arthritis at 18 months of age. The first reaction from my mum and dad was that only old people get arthritis. Not true! Juvenile arthritis is the second most common childhood disease. My mum and I do fundraising events to raise money for juvenile arthritis support programs and research.”

Sarah Hammond
1 in 4 South Australians suffer from arthritis

The Arthritis Foundation of South Australia
incorporating Osteoporosis SA
118 Richmond Road, Marleston SA 5033
Phone: (08) 8379 5711
Country Freecall: 1800 011 041
Website: www.arthritissa.org.au
Email: info@arthritissa.org.au